



Marine Education Centre

Te Whare Wānanga o Ngā Matataua a Tangaroa

Scouts NZ - Region 1



**Helmsman Personal
Challenge**

REQUIREMENTS	SIGNATURE & DATE
<p>The Sailor and Coxswain Personal Challenge must be completed before attempting this challenge.</p> <ol style="list-style-type: none">1. Supervise the rigging and derigging of a Sea Scout standard cutter.2. Know the Scout Water Activity Rules applicable to:<ul style="list-style-type: none">• Charge certificates and boating limits• Boat certificates.3. Understand Maritime Rules Part 91 that is applicable to sailing.4. Know the National and Regional Regatta rules.5. Know the rules of the road at sea Maritime Rules Part 22 (22.11 to 22.18) and ISAF Rules Part 2 under sail.6. Know the gear that must be carried in a Sea Scout standard cutter under sail.7. Take charge of a Sea Scout standard cutter under sail and show how to:<ul style="list-style-type: none">• Tack and gybe• Sail from a wharf and come back alongside it• Sail up to a buoy• Get a boat "out of irons"• Retrieve a person or piece of equipment from the water.• Anchor and reef, anchor and remove a reef• Capsize, bail out and sail away8. Be able to interpret sailing instructions.9. Sail a triangular course competently.10. Know the basic starting procedure in yacht racing.11. Know the causes of and be able to correct:<ul style="list-style-type: none">• Weather and lee helm• Excessive rolling downwind12. Complete at least four hours as helmsman during sailing practice on at least three separate occasions since obtaining Sailor badge.	